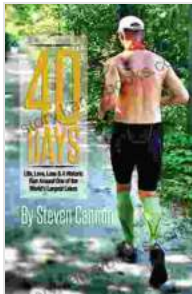


# Life, Love, Loss, and a Historic Run Around One of the World's Largest Lakes



## 40 DAYS: Life, Love, Loss and A Historic Run Around One of the World's Largest Lakes by Steven Cannon

★★★★☆ 4.6 out of 5

Language : English  
File size : 4509 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 176 pages  
Lending : Enabled



In 2016, I set out on a 1,300-mile run around Lake Superior, the largest freshwater lake in the world. I had never run more than 26 miles before, but I was determined to complete this challenge. I had been through a lot in the past few years. I had lost my job, my marriage had ended, and I was struggling to find my place in the world. I needed a new adventure, something to challenge me and help me find my way back to myself.

The run was harder than I could have ever imagined. I ran through rain, snow, and wind. I got lost, I got injured, and I wanted to quit more times than I can count. But I kept going. I kept going because I knew that I had to finish. I had to prove to myself that I could do it. I had to find my strength again.

Along the way, I met some amazing people. I met other runners who were also challenging themselves. I met people who lived in the communities along the lake and who shared their stories with me. I met people who inspired me to keep going, even when I wanted to give up.

The run was also a journey of self-discovery. I learned a lot about myself during those 1,300 miles. I learned that I was stronger than I thought I was. I learned that I could do anything I set my mind to. I learned that I was not alone in my struggles. And I learned that there is always hope, even in the darkest of times.

I finished the run in 62 days. It was the hardest thing I have ever done, but it was also the most rewarding. I am so grateful for the experience and for all the people who helped me along the way. I hope that my story will inspire others to never give up on their dreams, no matter how big or small they may seem.

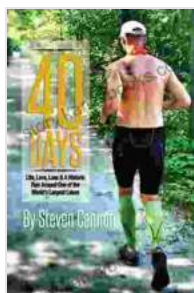
### **Here are some of the things I learned during my run around Lake Superior:**

- I am stronger than I think I am.
- I can do anything I set my mind to.
- I am not alone in my struggles.
- There is always hope, even in the darkest of times.
- The power of human connection is incredible.
- The world is a beautiful place.
- Life is an adventure.

I hope that my story will inspire you to live your life to the fullest. Never give up on your dreams. Never give up on yourself. And always remember that you are not alone.

## Free Download your copy of **Life, Love, Loss, and a Historic Run Around Lake Superior** today!

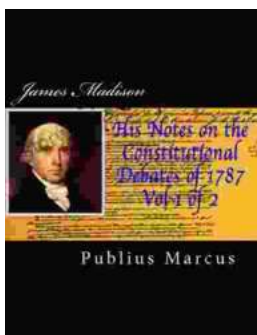
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