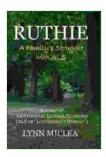
Ruthie's Family Struggles with ALS

Ruthie is a vibrant and loving wife, mother, and grandmother. She is also a fighter. In 2016, she was diagnosed with ALS, also known as Lou Gehrig's disease. ALS is a progressive neurodegenerative disease that affects nerve cells in the brain and spinal cord. It causes muscle weakness and atrophy, and eventually leads to paralysis.



Ruthie: A Family's Struggle with ALS by Lynn Miclea

★ ★ ★ ★ 4.8 out of 5 Language : English File size : 4130 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 235 pages Lending : Enabled



Ruthie's diagnosis was a devastating blow to her family. Her husband, Bob, and their three children were heartbroken. They knew that ALS was a terminal illness, and they were terrified of what the future held.

But Ruthie was determined to fight. She refused to let ALS define her. She continued to work, to volunteer, and to spend time with her family and friends. She also became an advocate for ALS awareness and research.

Bob and the children have been by Ruthie's side every step of the way. They have helped her with her daily tasks, and they have provided her with emotional support. They have also been her biggest cheerleaders, encouraging her to never give up.

Ruthie's journey with ALS has been difficult, but it has also been filled with love and laughter. She has taught her family the importance of living each day to the fullest. She has also shown them that even in the face of adversity, there is always hope.

Ruthie's story is an inspiration to everyone who is facing a difficult challenge. It is a story of courage, strength, and love. It is a story that will stay with you long after you finish reading it.

How You Can Help

There are many ways you can help Ruthie and her family. You can donate to the ALS Association, or you can volunteer your time to help with ALS research. You can also reach out to Ruthie and her family to offer your support. They would be grateful for your prayers, your kind words, and your love.

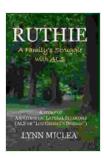
Ruthie's Book

Ruthie has written a book about her journey with ALS. The book is called "Ruthie's Fight: A Story of Courage, Strength, and Love." In the book, Ruthie shares her story of hope, resilience, and faith. She also offers practical advice for other families who are facing ALS.

Ruthie's book is a must-read for anyone who is interested in ALS. It is a powerful and inspiring story that will stay with you long after you finish reading it.

You can Free Download Ruthie's book on Our Book Library.com.





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