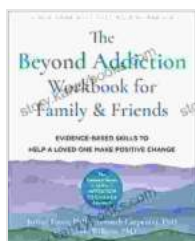
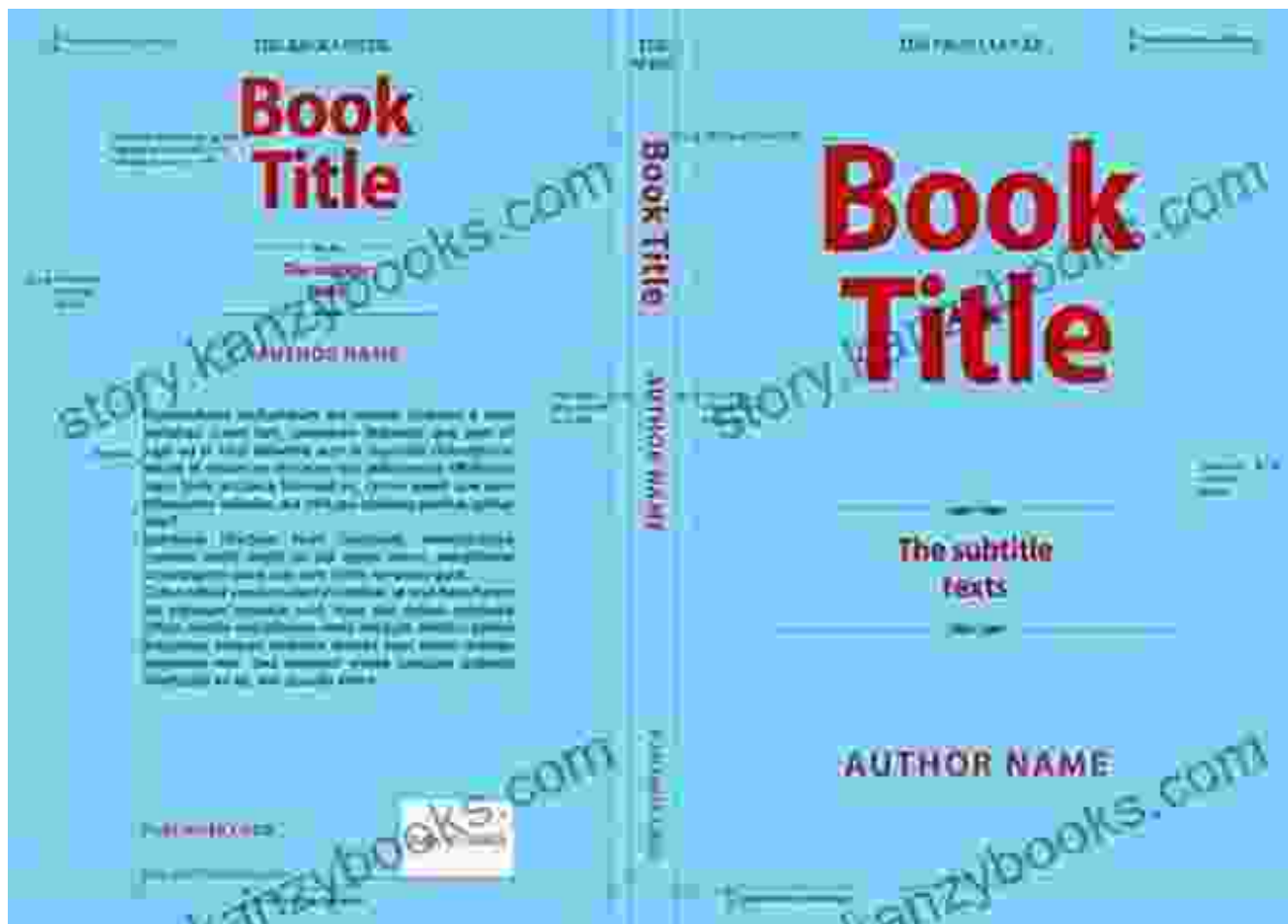


The Beyond Addiction Workbook: Empowering Loved Ones to Break the Cycle of Addiction



The Beyond Addiction Workbook for Family and Friends: Evidence-Based Skills to Help a Loved One Make Positive Change by Mark Durnford

★★★★☆ 4.6 out of 5

Language : English

File size : 13110 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Print length : 228 pages



Addiction is a devastating disease that affects not only the individual struggling with it, but also their loved ones. Family and friends often feel helpless and alone, unsure of how to best support their loved one and navigate the challenges of addiction.

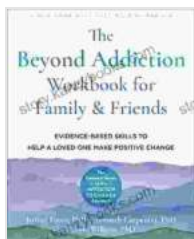
The Beyond Addiction Workbook is a comprehensive guide for family and friends of individuals struggling with addiction. This workbook provides practical strategies, emotional support, and a roadmap to recovery. Written by a team of experts in the field of addiction recovery, this workbook covers a wide range of topics, including:

- Understanding addiction and its impact on individuals and families
- Identifying the signs and symptoms of addiction
- Setting boundaries and limits with loved ones struggling with addiction
- Communicating effectively with loved ones about their addiction
- Supporting loved ones through the recovery process
- Taking care of yourself as a family member or friend of someone with addiction

The Beyond Addiction Workbook is an invaluable resource for anyone who is looking to support a loved one struggling with addiction. This workbook provides the tools and guidance you need to navigate the challenges of addiction and help your loved one achieve lasting recovery.

Free Download Your Copy Today!

The Beyond Addiction Workbook is available now for Free Download at major book retailers and online bookstores. Free Download your copy today and start empowering yourself to help your loved one break the cycle of addiction.



The Beyond Addiction Workbook for Family and Friends: Evidence-Based Skills to Help a Loved One Make Positive Change

by Mark Durnford

★★★★☆ 4.6 out of 5

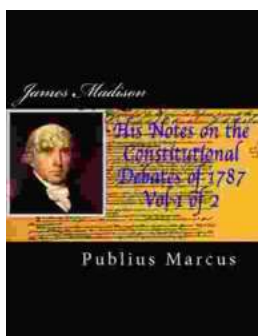
Language : English

File size : 13110 KB

Text-to-Speech: Enabled

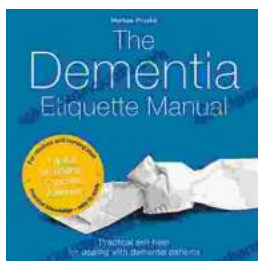
Screen Reader: Supported

Print length : 228 pages



James Madison: His Notes on the Constitutional Debates of 1787, Vol. I

James Madison's Notes on the Constitutional Debates of 1787 are a vital source for understanding the creation of the United States Constitution. This...



The Dementia Etiquette Manual: A Comprehensive Guide to Understanding and Caring for Persons with Dementia

If you're like most people, you probably don't know much about dementia. That's understandable. Dementia is a complex and challenging condition that affects...