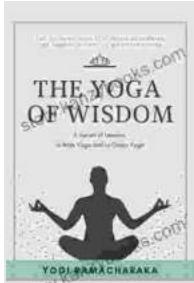


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A Series of Lessons in Gnani Yoga: The Yoga of Wisdom

by William Walker Atkinson

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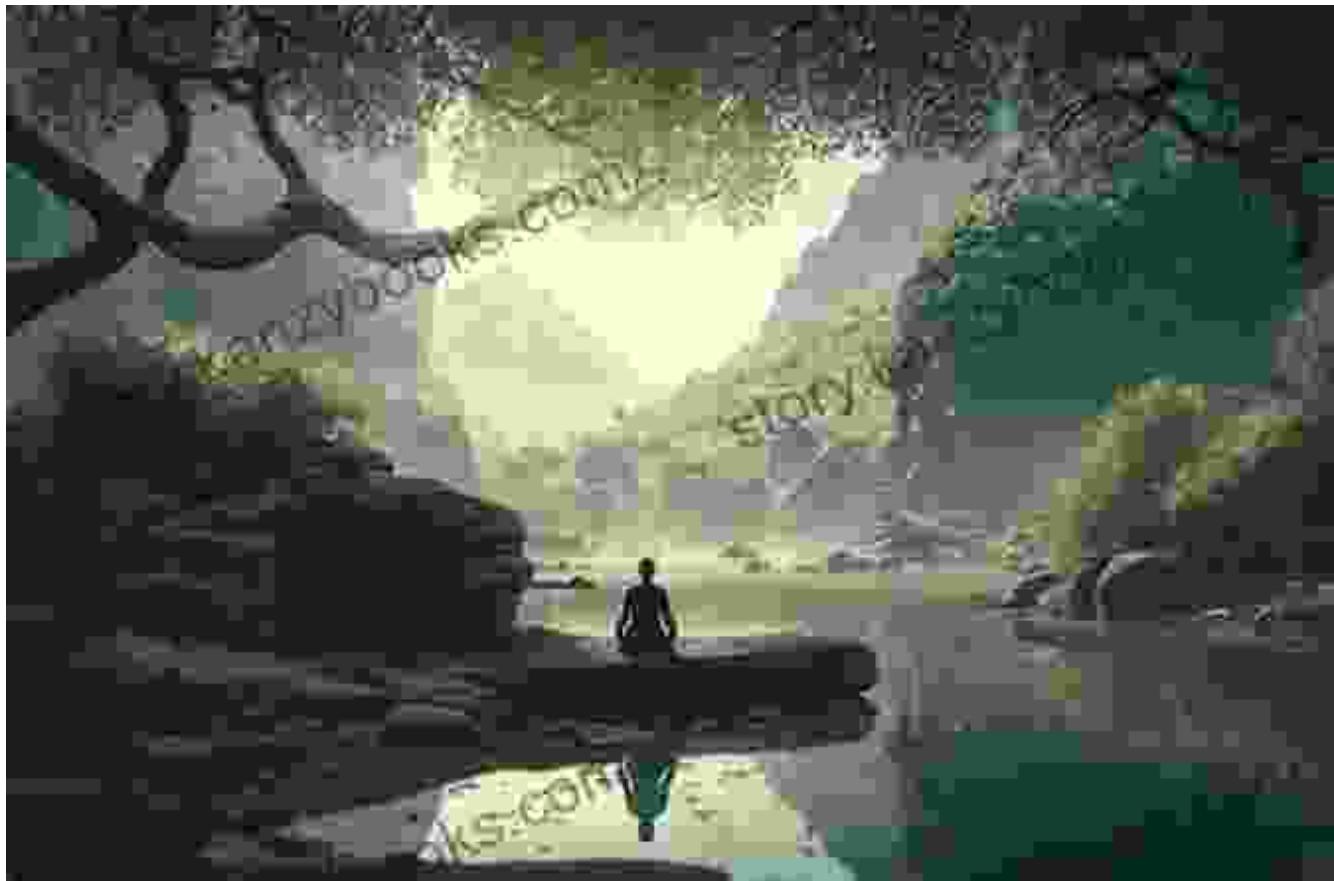
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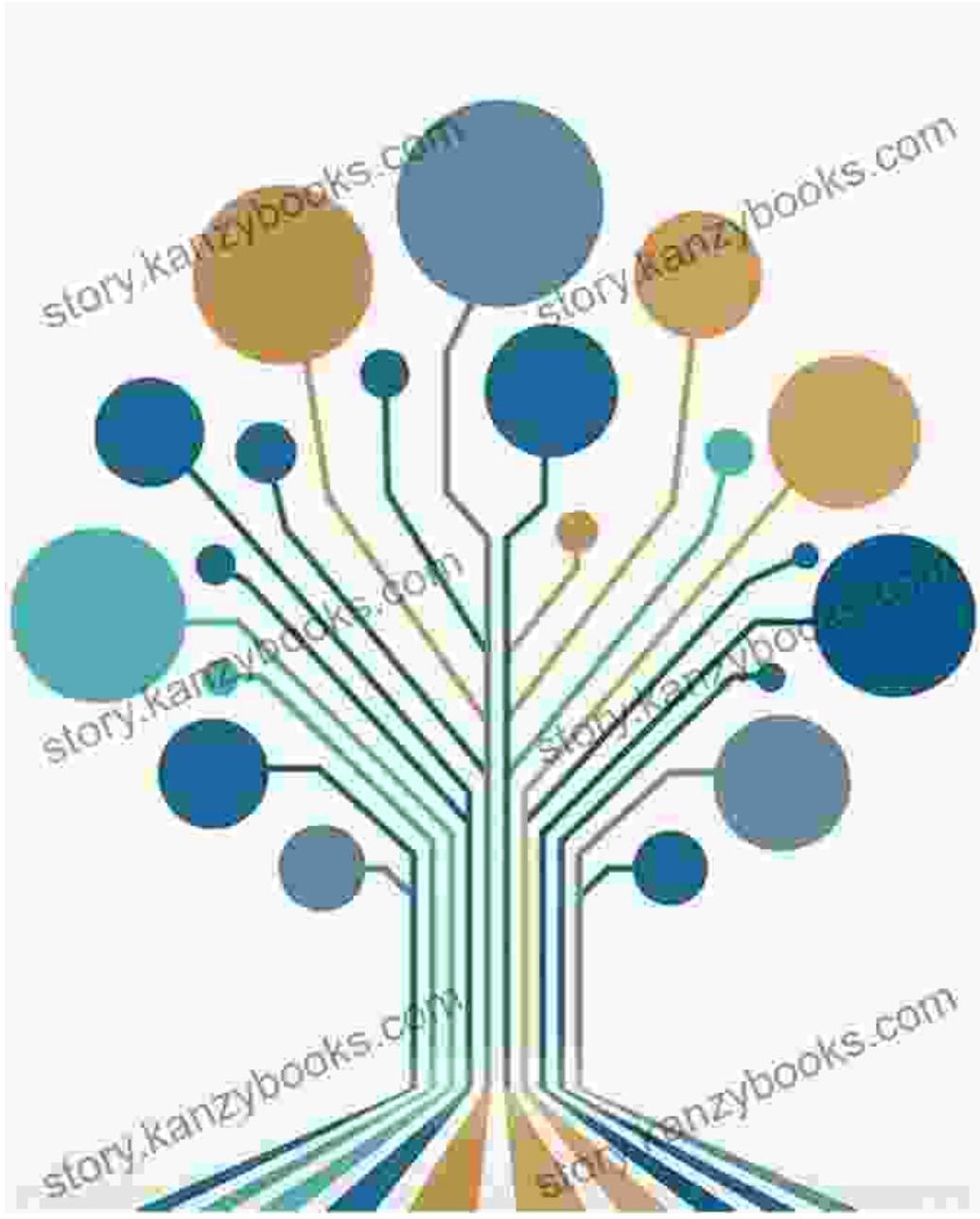
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Chapter 3: The Importance of the Guru

Uncover the crucial role of the Guru in the Gnani Yoga tradition.

Understand how a realized master guides disciples along their spiritual journey, providing guidance, support, and insights. Explore the qualities and characteristics of true spiritual mentors and the transformative power of their teachings.



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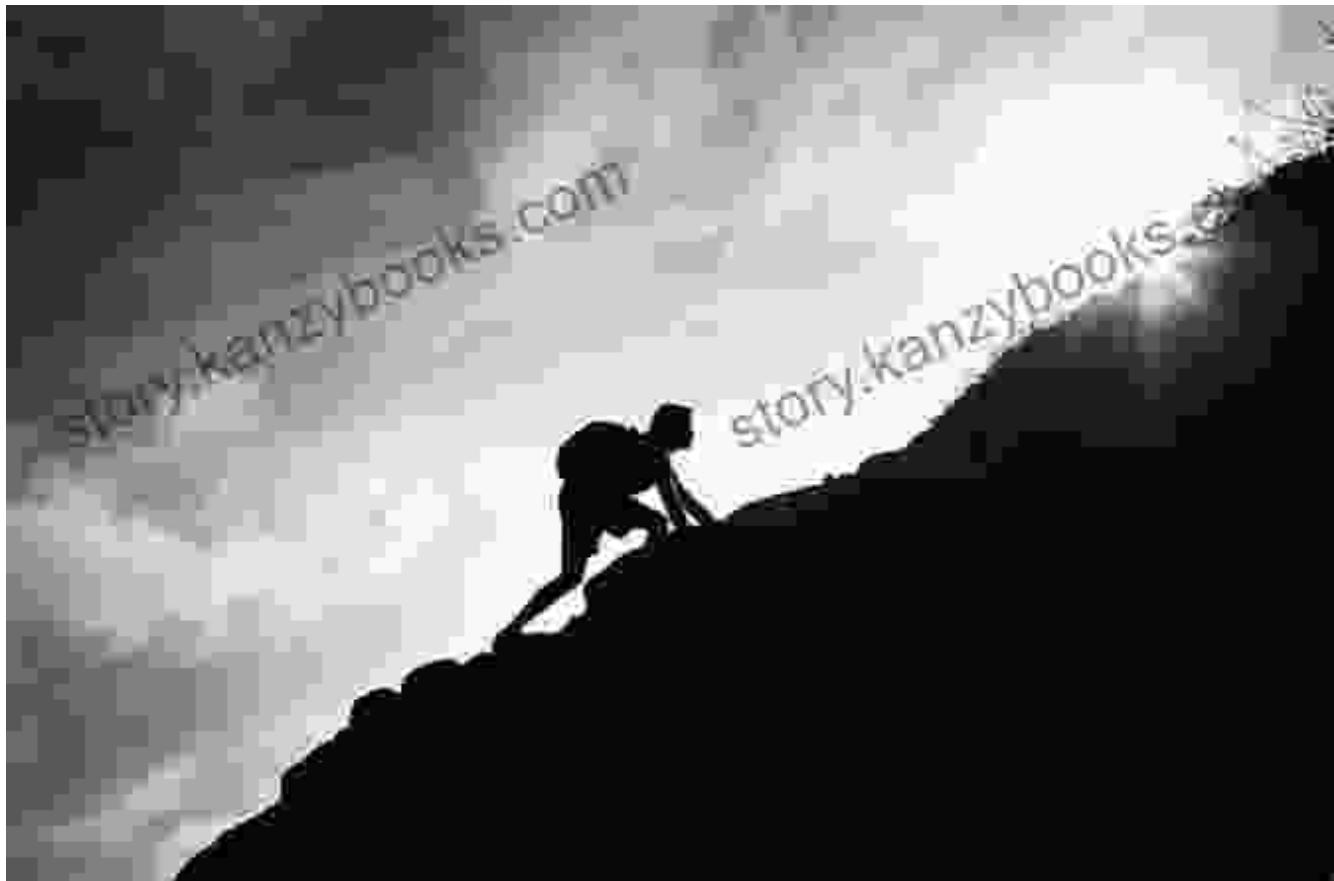
Delve into the transformative practices of meditation and self-inquiry.

Discover how these techniques help quiet the mind, cultivate inner awareness, and lead to deeper self-realization. Explore various meditation methods and learn how to effectively engage in self-inquiry to gain profound insights into your true nature.



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Navigate the challenges and obstacles that may arise on the spiritual journey. Learn to recognize and transcend negative emotions, limiting beliefs, and attachments. Discover practical tools and techniques to overcome these hurdles and maintain a steady progression towards inner peace.



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"Of Lessons in Gnani Yoga" is an invaluable guidebook for seekers of spiritual enlightenment. Its profound teachings empower readers to embark on a transformative journey, dispelling illusions, cultivating inner awareness, and leading to the ultimate realization of the true self. Embrace the wisdom of this timeless text and discover the path towards inner peace, self-realization, and a life lived with purpose and fulfillment.

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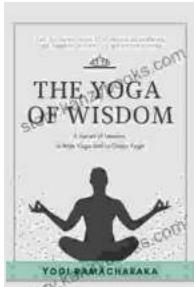
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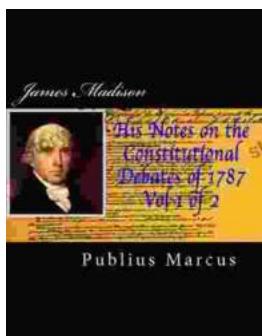
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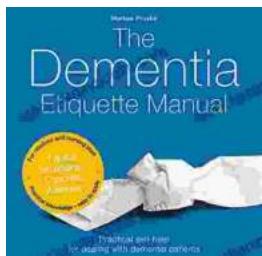
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